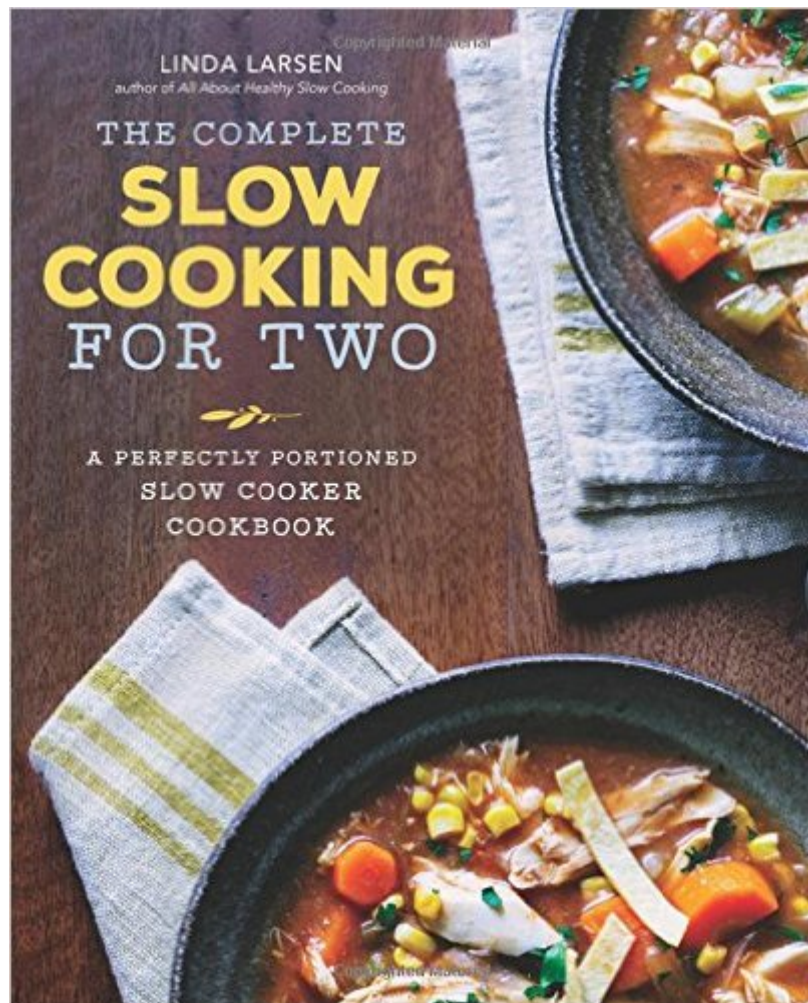


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# The Complete Slow Cooking For Two: A Perfectly Portioned Slow Cooker Cookbook



## Synopsis

Linda Larsen knows about slow cooking for two. Just ask her husband. They™ve shared delicious slow cooker dishes prepared by Linda for years. In *The Complete Slow Cooking For Two*, Linda lends her more than thirty years experience as a slow cooker authority by introducing recipes•perfectly portioned for two. Forget bland, under-flavored meals that pile up in the fridge, only to be forgotten. Linda offers a variety of flavorful recipes in this slow cooker cookbook that upgrade an old-school appliance for the modern kitchen. From sandwich fillings to rich casseroles to decadent desserts, *The Complete Slow Cooking For Two* features tons of tantalizing dishes scaled for two•minus the hassle of unused ingredients or oversized portions. Make the most of slow cooking for two, with: Easy-to-prep recipes featuring fresh foods and plenty of flavor•like Jambalaya, Chicken Stew with Gnocchi, Cuban Pork and Black Beans, and Chocolate-Cherry Lava Cake Fuss-free tips to pull a meal together and transform your leftovers (if you have any) Recipes for 3- or 3½ -quart slow cookers that include prep and cook times Dietary labels highlighting gluten-free, soy-free, nut-free, vegetarian or vegan options Cooking for two sidebars profiling real-life couples in the kitchen *The Complete Slow Cooking For Two* is your go-to slow cooker cookbook for making pared-down portions•perfect for two.

## Book Information

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## Customer Reviews

This is a TERRIFIC cookbook for empty nesters! My husband and I have been eating tons and tons of leftovers since the kids went to college, and this cookbook is our answer to our new schedule. We

just do a bit of prep the night before, turn the crockpot on when we leave for work, and come home to a fabulous-smelling house and just enough food for the two of us! Our favorites: Beef Risotto, Spicy Veggie Meatloaf, Red Beans & Rice, and Teriyaki Pork Roast. Can't wait to try more! We will definitely be giving this cookbook as a Christmas gift for each of our friends who have also become empty nesters over the past year. Bravo!!

It's a pleasure to have a slow cooker recipe book directed at pairs rather than large families. I already trusted this author's recipes because I'm familiar with her "Busy Cooks" site on About.com, so I was eager to obtain this new book of hers, and I am not disappointed. She has a terrific variety of recipes in here, and I was happy to see that they're easily adjusted for people with food allergies or gluten problems. I'm partial to vegetarian recipes, which many cookbooks give short shrift to, but this book has a nice selection of them. Among my favorites are the mashed sweet potatoes with garlic, the vegetable lasagna, the quinoa-stuffed onions, and the Thai veggies and beans. I'm looking forward to trying the various soup, dessert and breakfast recipes, too.

This was a Christmas gift for my 24 year old daughter. We thought that using a crock pot will ease the cooking burden and allow her to have a hot meal when she got home. Too bad I did not see that many of the reviews were posted by customers who received the book for free. We tried a few of the recipes and were not impressed. It is my first cookbook that is going in the trash. Pros: The cover is pretty and inviting, the recipes are easy to follow. Cons: All three recipes we cooked were very bland, unappetizing, and soupy. I have been cooking successfully with a Crock Pot for 25 years. Seems like they just took some regular recipes, cut them in half, perhaps made changes to the liquid and included them in the book. Where can you purchase a 2 1/2 lb broiling chicken or a 2 1/2 lb bone in turkey breast? Maybe a meat market. A great concept but a real dud of a book. I plan on taking my best recipes and adjusting them for my daughter's 3 1/2 quart Crock Pot at her request. Also I will stick to online sites like "allrecipes.com" .

When it comes to slow cookers i am new to them and loved going through this book to get new ideas and recipes. The book itself is light, not too big and nice to add to the kitchens library if you own a slow cooker. I found a few recipes i enjoyed, one i disliked and some ok ones. The books gives you a few pointers and tips before going into the recipes which i like since i am new to slow cooking. Being single with no kids and working tons of hours, slow cooking has become my friend. Make a bit pot of chili and other dishes and eating them for a few days makes it very

convenient. There are recipes for everyone in this book which I liked, some healthier ones to not so healthy ones but most were pretty interesting and good. I tried two that I did not like because it was heavy on the vegetables and I'm not big into them but I wanted to try them. All in all it's a decent cookbook, some helpful tips and ideas, nice for the kitchen library BUT one thing I disliked was the lack of pictures. I love cookbooks that have pictures for ALL the recipes as a way to compare finished products. I was lucky to get my copy free to test out some recipes and give the book an honest unbiased review.

While I still made more food than two people needed, this cookbook was such a hit that I could not give it any less than 5 stars. The first recipes we tried were the BBQ sauce, followed by the BBQ pulled chicken sandwiches recipe. Making our own BBQ sauce was super new to us, but well worth the quick prep and good smelling house. The rest was also very easy to complete and INCREDIBLY tasty! Slow cooking was never all that easy for me, as I tend to hover, but this cookbook made me feel confident. Everything turned out delicious. I received one copy for free in order to review.

This book has been so helpful! Cooking for 2 can be very difficult and wasteful especially in a slow cooker when most recipes for a slow cooker cater to a large amount of people. Not to mention not all leftovers get eaten with only two unfortunately. This book has helped us get the most of our meals! It offers sooo many great recipes with multiple sections. The sections are laid out wonderfully making it easy to find what you're in the mood for or what ingredients you are working with. I have found it to have pretty diverse types of food originating from different regions. The recipes are easy to follow with precise directions. I have made 2 dishes so far had zero problems with prep or through the cooking process. The Chicken Verde is my favorite so far I can't wait to dive more into the book. I like that not only does it great instructions it left some wiggle room for me to add or subtract an ingredient here or there to customize it to our tastes. Or even double the list to cook for more people. The only thing I can complain about is I wish it had an allergen section as in a couple gluten free specific meals. However with the leeway I feel that I have with the recipes I can easily make substitutes. Overall I highly recommend this to anyone who cooks for 2 and loves the freedom a slow cooker provides.

Unlike many slow cooker recipes that take 4-5 hours (useless for working folks) this book is designed around LONG LOW cook times; making it easy to start the cooker when you leave for

work and come home to a meal ready to eat. Ingredients are easily sourced from a typical grocery store. I prepared the meat lasagna recipe and it came out great. Plenty for two with leftovers for lunch the next day.

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